

## Steps of Service: Waterless Pedicure

- a. **Thoroughly clean client's first foot with "Purell" type cleanser and paper towel**
  - ☞ *Tell your client what you are doing "I'm just going to begin by sterilizing your skin."*
- a. **Apply Rock Off to heels, ball of foot, or any hard skin and wrap foot in cling film.**
- b. **Nail Consultation:**
  - ☞ *butter LONDON pedicure philosophy is "short and tidy", is that alright with you?*
- c. **Identify Problem Areas:**
  - ☞ *Physically touch, assess and provide nail consultation.*
  - ☞ *Always point out problem areas—cuts, cuticles, etc...*
  - ☞ *Make recommendation for problem areas:*

### Warning!

*Fungal infection under the toenail is common, as are warts, and athlete's foot. .*

Always point out problems: EDUCATE YOUR CLIENT

- d. **Cut and file toenails, then apply Melt Away to cuticle area**
  - ☞ *File the first five toenails and apply Melt Away*
- e. **Apply Rock Off to heels, ball of foot, or any hard skin and wrap foot in cling film.**
- f. **REPEAT ALL STEPS TO OTHER FOOT**
- g. **(First foot) Use your V-nipper or metal cuticle hoof to push the cuticles back**
  - ☞ *Gently push back cuticles, loosen debris and clean under free edge.*
  - ☞ *Explain to client what you are doing—show/demonstrate*  
File away hard skin on foot, using a foot file. butter LONDON does NOT advocate the use of a blade during pedicures.
- h. **Yellow Buff:**
  - ☞ *Gently exfoliate the cuticle area in a circular motion using your yellow buffer. The abrasive side of the buffer should never touch the nail plate, only the sponge side. Use the abrasive side to get all the debris off the skin and reveal pink, clean skin – no nipping needed!*
  - ☞ *Thoroughly scrub cuticle and nail plate clean with Sea Breeze (or any astringent) on a cotton pad*

↻ Repeat on other foot

- i. With caution, nip *only* obvious hang nails.
  
  - j. Offer client a choice of cremes. (If you carry the bL Hand & Nail Cremes, if not, skip to next step)
  
  - k. Massage to knee
  
  - l. Using a cotton pad with *PURE ACETONE*, completely cleanse and remove all oil from lotion on the nail plate. Then wind toeroll through the toes.
  
  - m. Apply *Nail Foundation* for normal nails or *Horsepower* for weak nails, carefully avoiding the cuticle.
  
  
  - n. Wrap the first coat of lacquer around the free edge of the big toenail **ONLY**, then polish nail, and rest of nail on that foot. (What is this? The “wrap” is a small stripe of colour painted across the end of the toenail, essentially “wrapping” the lacquer all the way around the free edge of the nail plate) This is **NOT** a French, we are painting the edge of the nail, not the tip! The paint job will last much longer. )
  
  
  - o. Apply the second coat of lacquer
  
  - p. Apply *Hardwear P.D. Quick Topcoat*
  
  - q. Apply *Handbag Holiday* to cuticle area
- ↻ Warn client that toes are “slow to dry” in general, and that they should remain in open toe shoes for as long as possible. But definitely for an hour

**Compliment the client!** (“*That color looks fabulous on you!*”) **Ask the client if she would like any products to be wrapped and bagged for her.**

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